Cycle Friendly Deal is supported by the Coastal Communities Fund

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Designed by: **Surething Studio**

that these routes are safe and achievable by people with a reasonable level of fitness. However, all outdoor activities involve a degree of risk. To the extent permitted by law, Deal Town Council accepts no responsibility for any accidents or injury resulting from following these routes.

More visitor information at: www.WhiteCliffsCountry.org.uk

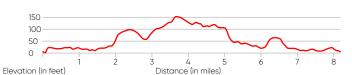
Deal Town Council, Town Hall, High Street, Deal, CT14 6TR 01304 369576 info@deal.gov.uk www.deal.gov.uk



Please Note: We have taken all responsible steps to ensure

Deal Visitor Information





During the summer months, stop at Solley's Ice Cream Parlour on the 383-acre Church Farm in Ripple to experience the farming world and perhaps have an ice cream or two!

The key is to take your time and enjoy the ride along our historic coast and through our towns, picturesque villages, glorious countryside and most of all have a mini nature adventure!

Enjoy this gentle circular ride which takes you through and around our towns by the sea, venturing up into the farmlands inland on the gentle chalk slopes.

8.2 Miles - 11/2 Hours

CYCLE FRIENDLY DEAL PIER TO PARLOUR



Route Markers

to Parlour route. on posts along the Pier the red Route Markers keep an eye out tor

the route confidently. I yeλ, II yelb you ride

bage at <u>deal.gov.uk</u> Cycle Friendly Deal intormation on the chcling routes and Find your way to more

Pier to Parlour Highlights

- · Solley's Ice Cream Parlour
- Linden Hall Studio
- · Deal Museum

· Deal Castle

Walmer Castle

The Timeball Tower

Find out more on www.whitecliftscountry.org.uk

Bikeapility Tips – Making your ride better

Before your ride do the ABC Check:

yard. It they're not, pump them up. Air - Squeeze your tires and make sure they are

it it doesn't then your brakes need adjusting. the left brake lever. The bike should stop moving, Light brake lever; pull your bike back and squeeze Brakes - Push your bike forward and squeeze the

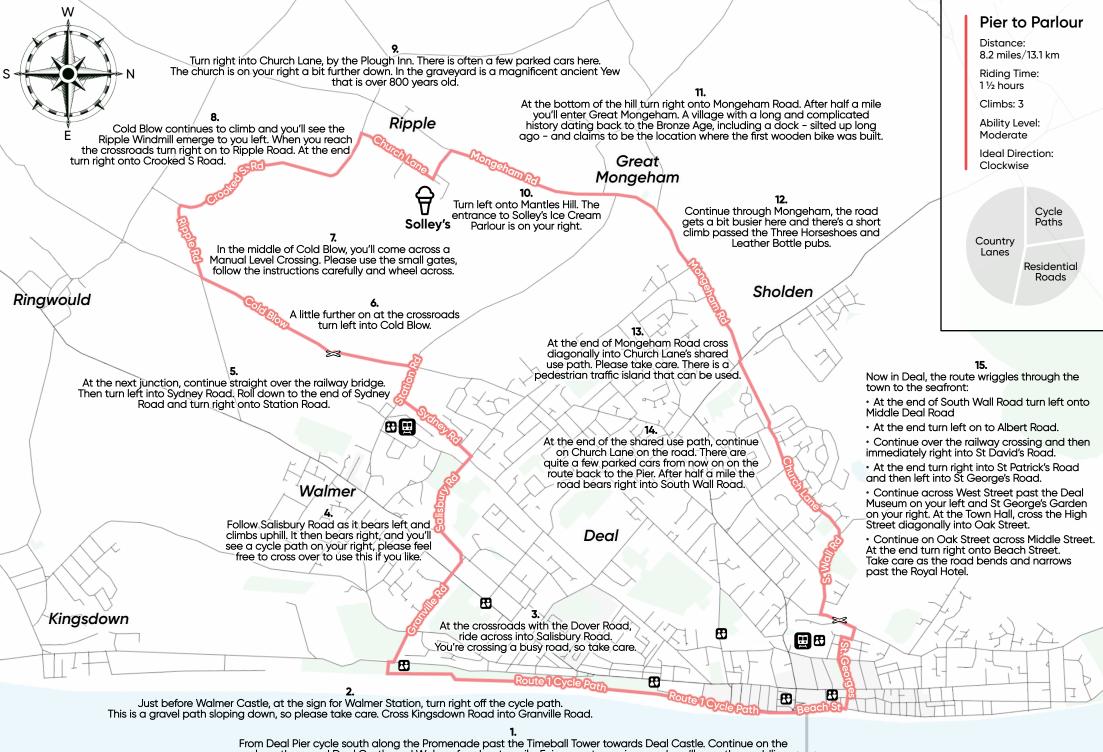
smoothly. nearest you and turn it anticlockwise. It should run Chain - crouch beside your bike, grab the pedal

- eqde of the road • Always ride at least one big step away from the
- barked cars Hiways cycle at least a door's width away from
- · Retore descending hills, double-check your brakes
- qediee audie as bossipie Μυθη στοςς το α 90
 Μυθη στοςς το α 90
- ligel, it reassures the horse that you're not a threat • Whenever approaching a horse, always chat to the

Find out more at <u>www.bikeability.org.uk</u>

Parlour PIET TO





cycle path passed Deal Castle and Walmer for about a mile. Enjoy great sea views and you'll pass the paddling pool (Public toilets are available here), bandstand, lifeboat station and the Romans first landing point.