Cycle Friendly Deal is supported by the Coastal Communities Fund

www.deal.gov.uk

Elevation (in feet)

300 200 100 0 🏫 10 15 20 Distance (in miles)

The route, incorporating National Cycle Route 1 and Regional Cycle Route 15, goes from the coast up into the magnificent undulating landscape of the North Downs.

This 21 mile circular ride, exploring Kent's Mining Heritage, traveling through old pit villages, passing sites of former collieries and along an original Miners' Cycle Track, highlights an unexpected episode in the history of the Garden of England.

Deal's industrial scene became dominated by coal mining during the twentieth century, as vast seams of coal were found beneath East Kent.

21.4 Miles - 2 Hours





Bikeapility Tips – Making your ride better

Deal Visitor Information Deal Town Council, Town Hall, High Street, Deal, CT14 6TR

01304 369576

Please Note: We have taken all responsible steps to ensure

by people with a reasonable level of fitness. However, all

To the extent permitted by law, Deal Town Council

info@deal.gov.uk

Designed by:

Surething Studio

© Mapbox

©OpenStreetMap

More visitor information at:

www.WhiteCliffsCountry.org.uk

that these routes are safe and achievable

outdoor activities involve a degree of risk.

injury resulting from following these routes.

accepts no responsibility for any accidents or

Before your ride do the ABC Check:

yard. It they're not, pump them up. Air - Squeeze your tires and make sure they are

it it doesn't then your brakes need adjusting. the left brake lever. The bike should stop moving, Light brake lever; pull your bike back and squeeze Brakes - Push your bike forward and squeeze the

smoothly. nearest you and turn it anticlockwise. It should run Chain - crouch beside your bike, grab the pedal

- eqde of the road • Always ride at least one big step away from the
- barked cars Hiways cycle at least a door's width away from
- · Retore descending hills, double-check your brakes
- qediee audie as bossipie Μυθη στοςς το α 90
 Μυθη στοςς το α 90
- rider, it reassures the horse that you're not a threat • Whenever approaching a horse, always chat to the

Find out more at <u>www.bikeability.org.uk</u>

Route Markers

to Pit route. on posts along the Pier the blue Route Markers keep an eye out tor

the route confidently. I yeλ, II yelb you ride

bage at <u>deal.gov.uk</u> Cycle Friendly Deal intormation on the chcling routes and Find your way to more

Walmer Lifeboat Station

Malmer Castle

• Walmer Aerodrome

• East Kent Light Railway

Pier to Pit Highlights

- · Deal Museum
- Linden Hall Studio
- Rettespanger
- Country Park
- Heritage Centre • Elvington & Eythorne
- Timeball Tower • Deal Castle

Find out more on <u>www.whitecliftscountry.org.uk</u>



