

Find out more on www.whitecliffscountry.org.uk

- The Timeball Tower
- Deal Castle
- Lantern Inn, Martin
- Dover Castle
- Bleniot Memorial
- White Cliffs
- Fan Bay Deep Shelter
- South Foreland
- Lighthouse
- Kingsdown Beach
- Zetland Arms
- Walmer Castle

Skylark Loop Highlights

Route Markers

Keep an eye out for the green Route Markers on posts along the Skylark Loop. They'll help you ride the route confidently. Find your way to more cycling routes and information on the Cycle Friendly Deal page at deal.gov.uk



Find out more at www.bikeability.org.uk

- Always ride at least one big step away from the edge of the road
- Always cycle at least a door's width away from parked cars
- Before descending hills, double-check your brakes
- When crossing railway tracks, cross as close to a 90 degree angle as possible
- Whenever approaching a horse, always chat to the rider, it reassures the horse that you're not a threat

Chain – crouch beside your bike, grab the pedal nearest you and turn it anticlockwise. It should run smoothly.

Brakes – Push your bike forward and squeeze the right brake lever, pull your bike back and squeeze the left brake lever. The bike should stop moving.

Air – Squeeze your tires and make sure they are hard. If they're not, pump them up.

Before your ride do the **ABC** Check:

Bikeability Tips – Making your ride better



Deal Visitor Information

Deal Town Council, Town Hall, High Street, Deal, CT14 6TR
info@deal.gov.uk 01304 369576 www.deal.gov.uk

More visitor information at:
www.WhiteCliffsCountry.org.uk

Please Note: We have taken all responsible steps to ensure that these routes are safe and achievable by people with a reasonable level of fitness. However, all outdoor activities involve a degree of risk. To the extent permitted by law, Deal Town Council accepts no responsibility for any accidents or injury resulting from following these routes.

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Cycle Friendly Deal is supported by the Coastal Communities Fund

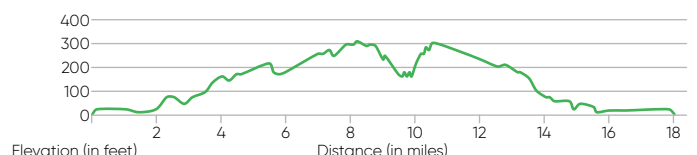
CYCLE FRIENDLY DEAL SKYLARK LOOP

18 Miles – 2 Hours

Incorporating the Skylark Trail, Regional Cycle Route 16 and National Cycle Route 1, the Skylark Loop creates a glorious 18-mile exploration of coast and countryside.

The route ascends into the rolling countryside along the Downs passing through ancient rural settlements and revealing stunning views.

Along the way you'll encounter Great British gems including Dover Castle and the White Cliffs. Take your time, enjoy the ride and listen out for the Skylarks.



Skylark Loop

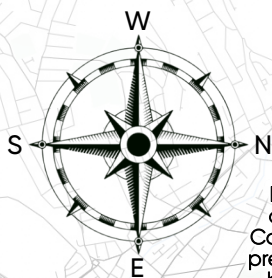
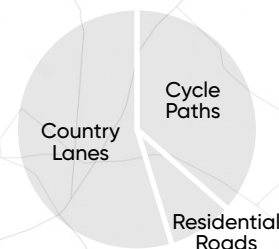
Distance:
18 miles/28.5 km

Riding Time:
2 hours

Climbs: 4

Ability Level:
Moderate

Ideal Direction:
Anti-Clockwise



Dover



Dover Castle



White Cliffs

8. Dover Castle now looms ahead. At the junction with Castle Hill, turn left and then right into Upper Road, joining National Cycle Network Route 1. Castle Hill can be a busy road, so please take care. There's a crossing if you prefer to wheel over the road. Upper Road descends around the castle and begins to rise towards the cliffs revealing views of the harbour. Enter The White Cliffs of Dover Country Park – there's no charge. Follow the Blue Route 1 signs through the park. It's mainly off-road paths and can be steep, so feel free to get off and wheel your bike.

9. Leaving the park, turn left onto the coastguard access road and then turn right onto Upper Road.

10. Upper Road gradually descends for two miles into St Margaret's-at-Cliffe.

11. At the junction, turn right and then left into Chapel Lane. This quiet lane wiggles round to a junction. Turn right onto Kingsdown Road

St Margaret's at Cliffe

12. Kingsdown Road becomes a traffic free lane, Otty Bottom, and then finally it becomes Oldstairs Road as it descends towards the sea.

13. At the coast, turn left onto Undercliffe Road and then merge onto Cliffe Road. A little further on turn right in Boundary Road and at the end left onto Wellington Parade. This is a narrow, shared path beside a gravel road, so please take care.

7. At the village green turn left, past the church, then turn right into Guston Road which gently rises to the village of Guston. At the church, the road bends left and heads downhill to the centre of the village. At the junction, turn right onto the Dover Road. Rising out of the village and the bridge over the A2. As the road begins to dip, views open up across the valley.

Guston

East Langdon

6. The lane continues south gradually rising into the rural landscape taking you to the ancient hamlet of Martin. Continue straight as the road bears right, following East Langdon Road. This bends left and heads downhill gradually rising again to the village of East Langdon.

Martin

5. In the middle of Coldblow, there's a Manual Level Crossing. Please use the small gates, following the instructions carefully and wheel across. Coldblow continues to climb and you'll see the Ripple Windmill emerge to your left. When you reach the crossroads continue straight ahead. Continue straight at the next crossroad at Ringwoud.

Ringwoud

4. At the next junction, continue straight over the railway bridge, then left into Sydney Road. Roll down to the end – not too fast – and turn right onto Station Road. A little further on at the crossroads turn left into Coldblow.

Sholden

3. Follow Salisbury Road as it bears left and climbs, then it bears right. There's a cycle path on the right, please feel free to cross over to use this.

2. Ride across the crossroads with the Dover Road into Salisbury Road. It's a busy road, so please take care.

Deal

1. From Deal Pier cycle south along the Promenade past the Timeball Tower, Deal Castle, the bandstand and the lifeboat station. Please be aware of pedestrians and dogs. Just before Walmer Castle, at the sign for Walmer Station, turn right off the cycle path. This is a gravel path sloping down, so please take care. Cross Kingsdown Road into Granville Road.

Walmer

14. Continue along the promenade, past Walmer Castle until you're back at The Pier.

Kingsdown